

2019 R1HRDC REGIONAL RESEARCH CONFERENCE: Research Outputs as Inputs towards Evidence-Based Practice for Quality Life

The Region 1 Health Research and Development Consortium (R1HRDC) thru the Research Utilization Committee (RUC), once again spearheaded the 2019 Regional Research Conference on May 22, 2019 at Northwestern University, Laoag City, Ilocos Norte with this year's theme: "Research Outputs as Inputs towards Evidence-Based Practice for Quality Life". It aimed to: (1) develop and strengthen health research network thru health research conference; (2) encourage researchers to conduct quality research with the highest ethical standard that contribute to the improvement of the quality of life; and (3) equip the participants with the knowledge, skills and values for effective and efficient adoption and utilization of health research.

The highlight of the event is the oral presentation and poster exhibit contest of completed research papers which was divided into 2 (two) categories: Student and Professional. On March 4, 2019, the RUC has called for the submission of completed papers which was screened and assessed by the Research Management Committee (RMC). Out of 90 (30 from professionals and 60 from students) submitted papers, the following researches emerged as winners during the said conference:

Professional Category (Oral Presentation)

	Title:	Author/Presenter:	Institution:
1st Place	"Out of the dark: An Engaged Journey of Substance Abuse Clients towards Therapeutic Community"	Jayson D. Bautista, RN, MAN	DOH Drug Treatment and Rehabilitation Center – Dagupan City, Pangasinan
2nd Place	"White Caps and Cyber Bullies: The Lived Experiences of Nurses who are Victims of Social Media Shaming"	Rodney Odesson Raguindin, RN, MAN, Ed.D	Lyceum Northwestern University – Dagupan City, Pangasinan
3rd Place	"Residents' Environment Safety for Fall Prevention in a Long Term Facility"	John Francis A. Paraoan, RN, MAN Catalino Pe Benito, RN	Mariano Marcos Memorial Hospital and Medical Center, Batac City, Ilocos Norte

Professional Category (Poster Presentation)

	Title:	Author/Presenter:	Institution:
1st Place	"Retrospective Study of Substance Abused Clients' Profile Admitted on Residential Program of DOH – DTRC"	Jesus A. Pimentel Jr.	DOH Drug Treatment and Rehabilitation Center – Dagupan City, Pangasinan
2nd Place	"Therapeutic Influence of Rehabilitation Program to Health among Residents of Department of Health Drug Treatment and Rehabilitation Center Dagupan"	Eric Vincent Maminta	DOH Drug Treatment and Rehabilitation Center – Dagupan City, Pangasinan
3rd Place	"Enhancing the Cardio-Pulmonary Resuscitation (CPR) Capability of Non Health Personnel"	Richard Irvin Bismonte, RN, MAN	Mariano Marcos Memorial Hospital and Medical Center, Batac City, Ilocos Norte

Student Category (Oral Presentation - Medical)

	Title:	Author/Presenter:	Institution:
1st Place	“Child Immunization Compliance of Young Mothers in Barangay Balaya, San Carlos City, Pangasinan”	Princess Lilac S. Velasquez	Virgen Milagrosa University Foundation, San Carlos City, Pangasinan
2nd Place	“An In Vitro Study of Antifungal Activity of Sago Worm (Rhynchoporous Ferrugineus, Dryophthidae) Fats against Trichophyton Species and Formulation of Antifungal Soap”	Franz Krizzadane Licican	Lorna Colleges, La Union
3rd Place	“Vital Capacity Response of Bronchial Asthma Patients to Annulom Vilom Pranayama (AVP)”	Frances Eileen Madrid	Virgen Milagrosa University Foundation, San Carlos City, Pangasinan

Student Category (Oral Presentation - Herbal)

	Title:	Author/Presenter:	Institution:
1st Place	“Cardio Protective Activity of Ethanolic Whole Plant Extract of Papait on Doxorubicin Induced-Myocardial Infarcted Albino Rats”	Maryrose Divina	Virgen Milagrosa University Foundation, San Carlos City, Pangasinan
2nd Place	“Antioxidant Screening and Anti-angiogenic Activity of Kalunay Ethanolic Leaf Extract”	Mark Joseph William Ducusin	Philippine Science High School, Ilocos Region Campus, San Ildefonso, Ilocos Sur
3rd Place	Cardio Protective Activity of Balisanga (Cyperus rotundus L.) Root Extract on Sprague Dawley Rats: Evaluating Different Dosages”	Jade Vincent Fernandez	Virgen Milagrosa University Foundation, San Carlos City, Pangasinan

Student Category (Poster Presentation)

	Title:	Author/Presenter:	Institution:
1st Place	“Antiangiogenic Property of Chromolaena Orodota Ethanolic Leaf Extract on Chorioallantoic Membrane (CAM) of Fertilized Duck Egg”	Irah Acla	Lyceum Northwestern University, Dagupan City, Pangasinan
2nd Place	“Comparative Study of Cacataceae Plants in Minimizing Radio Frequency of Computers”	Star Grace Gonzales	Virgen Milagrosa University Foundation, San Carlos City, Pangasinan
3rd Place	“Effect of Core Strengthening on the Performance of Young Competitive Freestyle Swimmers”	Emy Gay Cardenas	Mariano Marcos State University, Batac City, Ilocos Norte

The annual celebration was attended by more or less 250 aspiring, young, and seasoned researchers and advocates who shared their knowledge and experiences in the field of health research.